

GRAYDON POOL

DEEP WATER TEST

EXPLANATION AND QUALIFICATIONS

All Graydon patrons, 17 years of age or under, wishing to swim in the deep water sections of the facility, are required to pass a deep water test administered by a Graydon lifeguard. This rule applies for Graydon seasonal badge holders as well as day pass visitors. The sole purpose of the mandatory test requirement is for the safety and well-being of the individual when swimming in the deep water at this facility.

The deep water test is given to Graydon patrons who wish to swim in the deep water each year until they reach their 18th birthday. **Without adequate completion of this test, patrons under 18 years of age must confine themselves to the shallow water sections of the pool.**

Lifeguards administer the deep water test **ONCE** a day to any patron requesting the opportunity. **It may be repeated for as many days as necessary until passed, but it may not exceed one time per day, per person.**

Patrons requesting a deep water test must report to the Manager's Office. Deep water tests are administered daily, during lifeguard rotations. Only when a lifeguard is relieved from their assigned chairs will they be permitted to run deep water tests for patrons. When a guard is assigned to administer a test, the patron enters the water on the ramp in front of the Manager's Office, where an explanation of the test requirements will be given.

The deep water test is a three step test:

1. Demonstration by the underage swimmer, in waist-deep water, to the guard administering the test:
 - a. Breast stroke
 - b. Crawl stroke
 - c. Back float
2. Swim from the waist deep water in front of stand 1, out to the 12 ft. raft with a steady crawl stroke – stopping briefly at the raft to catch breath.
3. Swim back from the 12 ft. raft demonstrating the crawl or breast stroke – stop half way back and tread water for 60 seconds – then resume the crawl or breast stroke for the remainder of the distance back to the waist deep water in front of Stand #1.

The lifeguard administering the test will be checking for both mastery of the stroke and endurance of the individual throughout the ENTIRETY of the test. The ultimate decision will be based upon the swimmer's ability to complete the evaluation without displaying any signs of fatigue or requiring assistance of any type from the guard. Upon completion, the lifeguard will use their judgment to either deem the individual capable of swimming in the deep water or request that the individual stay in the shallow end for the remainder of the day; keeping away from the deep water until they retest and pass. **THE DECISION OF THE LIFEGUARD WILL BE FINAL. NO RETESTING WILL BE PERMITTED DURING THAT SAME DAY.**

Once a patron passes the deep water test, they will receive a personalized wristlet, and their completion will be recorded in the Manager's Office. The wristlet must be visibly worn at all times while swimming in the deep water. Any patrons under the age of 18, who do not have a wristlet for the current swimming season, will not be permitted in the deep water until they pass the test.

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