

RIDGEWOOD PARKS AND RECREATION

Telephone: 201-670-5560



YOGA DANCE WITH THE JOY OF MOTION



Winter 2017

Ages 3 to 5 (PreK-K)

Thursdays, 10:30 to 11:15 am
January 19, 26, February 2, 9, 16

The Stable
259 North Maple Avenue

\$ 65/ 5 classes

(Non-residents may register if space is available.
An added \$10 fee will apply.)

Yoga Instructor, Carolyn Brush, will present a fun and creative class to introduce students to the fundamentals of yoga and dance styles, such as ballet, tap, and hip-hop through the use of stories, props, and imagination.

Formal dance attire is not required; comfortable clothes are recommended.

PROGRAM REGISTRATION – Online at www.ridgewoodnj.net/communitypass

In Person or By Mail:

The Stable, 259 N. Maple Ave., Ridgewood, NJ 07450 Tel: 201-670-5560

Checks should be made payable to: RIDGEWOOD PARKS & RECREATION

Refund Policy – Administrative fees apply to cancellations prior to the start of session. No refunds once session begins.

Name _____ Telephone _____

Address _____ Age _____ Grade _____

_____ Session/Date **WINTER 2017**

Program _____ Emergency Phone _____

Email _____ Allergies/Condition _____

Program: **YOGA DANCE \$ 65 (\$75, non-residents)** Payment _____ Date _____

I, the parent of the above named youth, hereby give my permission to participate in any and all Village approved Recreation activities. I assume all risks and hazards incidental to such participation. I hereby waive, release, absolve, indemnify and agree to hold harmless the organizers, sponsors, supervisors, and persons involved in the activities for any claim arising out of an injury to my child, whether the result of negligence or for any other cause, except to the extent and in amount covered by accident insurance.

Parental Consent _____