

GRAYDON POOL DEEP WATER TEST EXPLANATION AND QUALIFICATIONS

All swimmers who are under the age of 18 MUST take a swim test to swim in the deep water of Graydon Pool. This includes all diving board areas and lap lanes.

The test is given between 1:00- 5:00 PM by a lifeguard on staff. A swimmer may take the test every day until they pass, but they may NOT take it more than once daily.

This rule applies to Graydon seasonal badge holders as well as day pass visitors. The sole purpose of the mandatory test requirement is for the safety and well-being of the individual when swimming in the deep water at this facility.

Without adequate completion of this test, patrons under 18 years of age MUST confine themselves to the shallow water sections of the pool.

What Does the Test Comprise of?

- ✓ Swimmers must float on their back for ten seconds
- ✓ Swimmers must swim freestyle crawl with face in the water and side breathing or competitive breaststroke to the 12 foot raft
- ✓ Swimmers must tread water for 1 minute
- ✓ Swimmers must swim freestyle crawl with face in the water & side breathing back to the ramp by Stand 1

The lifeguard administering the test will be checking for both mastery of the stroke and endurance of the individual throughout the ENTIRETY of the test.

The Ultimate Decision Will Be Based Upon:

- ✓ The swimmer's ability to complete the evaluation without displaying any signs of fatigue
- ✓ No required assistance of any type from the guard
- ✓ No extended rest or un-necessary stopping by the swimmer
- ✓ Body position and arms absolutely show NO signs of what would be defined as 'a distressed swimmer' according to the American Red Cross Lifeguard Training standards

If a patron passes the deep water test, they will receive a personalized wristlet, and their completion will be recorded in the Manager's Office. The wristlet must be visibly worn at all times while swimming in the deep water. Any patrons under the age of 18, who do not have a wristlet for the current swimming season, will not be permitted in the deep water until they pass the test.

All decisions made by guarding staff administering the test are final. No refunds will be given to patrons who do not pass this test.

We care about your child's safety!