

2017 H.I.L.T. Schedule

Senior Citizens Program: H.I.L.T. (Highlights in Leisure Time), for Ridgewood residents 55 years and older, usually meets the second Thursday of every month, at 10am, at the Community Center- Annie Zusy Youth Lounge, Village Hall, 131 N. Maple Ave.

General Meeting Dates

Thursday, January 12 10am

Joan Katz, RD, of Christian Health Care will present the program, "The Mind Diet", a discussion on nutrition and anti-inflammatory foods.

Thursday, February 9 10am

Timothy Delgado of Merrill Lynch will discuss a financial program on economic outlook, investment strategies, tax free bonds and other issues.

Thursday, March 9 10am

Let the Sweet Adelines' entertain you with the beautiful sounds of a harmony chorus, including St. Patrick's Day Music.

Thursday, April 13 10am

Meet Rosemary (Rosie) Novellino-Mearns, author of "Saving Radio City Music Hall: A Dancer's True Story".

Thursday, May 11 10am

Come listen to bluegrass guitar and Broadway tunes with the NJ Home Schooled Childrens Chorus. The program will focus on America!

Thursday, June 8 12pm

Picnic at Graydon Pool

Upcoming Day Trips

No trip scheduled for January

Thursday, February 16

High Socie Tea House, Wayne, NJ
Queen's Tea

Thursday, March 16

Hunterdon Hills Playhouse, Hampton, NJ

Lunch/Show

"Born Yesterday" - This famous comedy enjoyed one of the longest runs on Broadway history and gave Judy Holliday the role that made her a star!

Thursday, April 20

Visit to Hotel Frauchere, Milford, PA
Breakfast/Lunch/
Local Shopping/Bingo/Presentation by Milford's Garden Club - "Spring Bounty"

Wednesday, May 24

Mount Airy Casino Resort,
Mt. Pocono, PA

Lunch Buffet, \$10 Slot Play, Show -
SHADES OF BUBLE, "Swinging
Standards Sinatra Style"

Thursday, June 15

Westchester Broadway Theatre,
Elmsford, NY

Mamma Mia!
Lunch/Show