

RIDGEWOOD PARKS AND RECREATION

Telephone: 201-670-5560

Healthy Snacks . . . build a strong body!



Early Spring Session

Grades K-4

Mondays, 3:30 to 4:30 pm
March 11, 18, 25,
April 1, 8, (no 15), 22

The Stable
259 North Maple Avenue

\$120/ 6 classes

(Non-residents may register if space is available. An added \$10 fee will apply.)

HealthBarn USA combines nutrition and fun weekly to teach elementary students the importance of healthy snacks . . . especially as their body grows at a fast pace from childhood to adulthood.

PROGRAM REGISTRATION – Online at www.ridgewoodnj.net/communitypass

In Person or By Mail:

The Stable, 259 N. Maple Ave., Ridgewood, NJ 07450 Tel: 201-670-5560

Checks should be made payable to: RIDGEWOOD PARKS & RECREATION

Refund Policy – Administrative fees apply to cancellations prior to the start of session. No refunds once session begins.

Name _____ Telephone _____

Address _____ Grade _____



Emergency Contact/Emergency Phone _____

Email _____ Allergies/Condition _____

Program: **HEALTHY SNACKS \$120 (\$130 non-residents)** Payment _____ Ck# _____

Session/Date **EARLY SPRING 2019**

I, the parent of the above named youth, hereby give my permission to participate in any and all Village approved Recreation activities. I assume all risks and hazards incidental to such participation. I hereby waive, release, absolve, indemnify and agree to hold harmless the organizers, sponsors, supervisors, and persons involved in the activities for any claim arising out of an injury to my child, whether the result of negligence or for any other cause, except to the extent and in amount covered by accident insurance.

Parental Consent _____