

RIDGEWOOD PARKS AND RECREATION

Telephone: 201-670-5560



PRESCHOOL FITNESS WITH GYMGUYZ®



Winter 2017

Ages 3 to 5 (PreK-K)

Fridays, 10:30 to 11:00 am
10 weeks - January 13, 20, 27,
February 3, 10, March 3, 10, 17, 24, 31
(no classes Feb 17 and Feb 24)

The Stable, 259 North Maple Avenue

\$ 110/ 10 classes

(Non-residents may register if space is available.
An added \$10 fee will apply.)

GYMGUYZ provides a weekly outlet for preschool growth, body-awareness, health, fitness, wellness and nutritional understanding. It is an important way to build self-esteem, respect for others and communication skills.

PROGRAM REGISTRATION – Online at www.ridgewoodnj.net/communitypass

In Person or By Mail:

The Stable, 259 N. Maple Ave., Ridgewood, NJ 07450 Tel: 201-670-5560

Checks should be made payable to: **RIDGEWOOD PARKS & RECREATION**

Refund Policy – Administrative fees apply to cancellations prior to the start of session. No refunds once session begins.

Name _____ Telephone _____

Address _____ Age _____ Grade _____

_____ Session/Date **WINTER 2017**

Program _____ Emergency Phone _____

Email _____ Allergies/Condition _____

Program: **GYMGUYZ PRE-K FITNESS, \$ 110 (\$120 non-residents)** Payment Ck # _____

I, the parent of the above named youth, hereby give my permission to participate in any and all Village approved Recreation activities. I assume all risks and hazards incidental to such participation. I hereby waive, release, absolve, indemnify and agree to hold harmless the organizers, sponsors, supervisors, and persons involved in the activities for any claim arising out of an injury to my child, whether the result of negligence or for any other cause, except to the extent and in amount covered by accident insurance.

Parental Consent _____