

Ridgewood Parks and Recreation

259 N. Maple Avenue
Ridgewood, NJ 07450
Tel: 201-670-5560



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YOGA/ART/MEDITATION Fall Session I 2019



This program is all about encouraging healthy bodies and creative minds!

Each class provides an atmosphere that promotes stress release, encourages imaginations, and is just plain enjoyable. Bring a friend!



Grades K-5

Mondays, 3:45 to 4:45 pm
September 16, 23,
October 7, (no 14), 21, 28

The Stable,
259 N. Maple Ave.
Ridgewood

\$100/5 classes
includes all materials
(non-residents \$110)

Please bring a yoga mat.

REGISTER EARLY - SPACE IS LIMITED

Online at www.ridgewoodnj.net/communitypass

In person or by mail: The Stable, 259 N. Maple Ave., Ridgewood, NJ 07450 Tel: 201-670-5560

Make checks payable to: *Ridgewood Parks and Recreation*

Cancel Policy – Administrative fees apply prior to the start of session. No refunds after session begins.

Child's Name _____

Age _____ Grade _____

Address _____

Phone _____

Emergency Contact _____

Allergies/Conditions _____

Emergency Phone _____

Email _____

Program: **Colorful Warriors** Session: **Fall Session I 2019** Payment Ck # _____

I, the parent of the above named youth, hereby give my permission to participate in any and all Village approved Recreation activities. I assume all risks and hazards incidental to such participation. I hereby waive, release, absolve, indemnify and agree to hold harmless the organizers, sponsors, supervisors, and persons involved in the activities, for any claim arising out of an injury to my child, whether the result of negligence or for any other cause, except to the extent and in amount covered by accident insurance.

Parent / Guardian Signature: _____